

RUMBA – Phase 3

- BACK BASIC
- BASIC
- BREAK [to position]
- CHASE
- CHASE PEEK-A-BOO
- CHASE PEEK-A-BOO DOUBLE
- CHASE WITH UNDERARM PASS
- CIRCLE AWAY AND TOGETHER
- CORTE
- CRAB WALKS
- CUCARACHA
- CUCARACHA CROSS
- FENCE LINE
- FORWARD BASIC
- HAND TO HAND
- KIKI WALKS
- LARIAT
- NEW YORKER
- OPEN BREAK
- PROGRESSIVE WALKS
- REVERSE UNDERARM TURN
- SAND STEP
- SHOULDER TO SHOULDER
- SIDE WALKS
- SLIDING DOOR
- SPOT TURN
- THRU SERPIENTE
- TIME STEP
- UNDERARM TURN
- WHIP

CHA – Phase 3

- BACK BASIC
- BASIC
- BREAK BREAK [to position]
- CHASE
- CHASE PEEK-A-BOO
- CHASE PEEK-A-BOO DOUBLE
- CHASE WITH UNDERARM PASS
- CIRCLE AWAY AND TOGETHER
- CRAB WALKS
- CUCARACHA
- FENCE LINE
- FORWARD BASIC
- HAND TO HAND
- LARIAT
- NEW YORKER
- OPEN BREAK
- REVERSE UNDERARM TURN
- SAND STEP
- SHOULDER TO SHOULDER
- SIDE WALKS
- SLIDING DOOR
- SPOT TURN
- TIME STEP
- TRAVELING DOOR
- UNDERARM TURN
- WALK
- WHIP

What's a "phase"?

Round dancing is categorized by rhythm and by difficulty (phase). There are 6 phases in round dancing. The chart below shows the phases of the most common rhythms. Note that the majority of the rhythms start at phase 3.

Rhythm	Abbr	1	2	3	4	5	6
TwoStep	TS	X	X	X			
Waltz	WZ	X	X	X	X	X	X
Foxtrot	FT			X	X	X	X
Jive	JV			X	X	X	X
Cha	CH			X	X	X	X
Rumba	RM			X	X	X	X
Bolero	BL			X	X	X	X
Mambo	MB			X	X	X	X
West Coast Swing	WCS				X	X	X
Slow TwoStep	STS			X	X	X	X
Tango	TG			X	X	X	X

Every song (dance) has a rhythm and a phase. Dances rated phase 1 & 2 are called *easy level rounds*, *fun level rounds* or *square dance level rounds*. When the cuer starts a dance, he/she should tell the dancers the rhythm of the dance and the phase of the dance. Some dances can be mixed (multiple) rhythms, such as foxtrot + jive.

There are fun and beautiful dances written for all phases. How high the level and how many rhythms a dancer learns is a personal choice.

In phase 3, Rumba and Cha use almost identical cue names. So when you learn one of these rhythms, you have a head start on the next one. This class has more than enough time to cover one of those rhythms and maybe both.

If this is your first round dance class, you will also be learning new terminology that can be used in other rhythms: leading and following, frame (posture), positions, dance etiquette, and how to read a cue sheet. So succeeding in this class means the next class will be easier.