

FEED THE BIRDS

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Music: "A Celtic Melody" STAR-234-CD

PHASE III+2+1 WALTZ (Diam Trn, In & Out Runs, Interrupted box) degree of difficulty-Easy

Sequence: INTRO – ABC – AC(MOD) ENDING

2/2009

INTRO

1 – 4 OP fcg PTR WALL WAIT 2 MEAS; ; APT, PT; BFLY TCH:

1-2 Trail hnds jnd ld feet free wait; wait;

3-4 Apt L,-,pt R; BFLY fwd R,-, tch L;

PART A

1 – 4 WZ AWAY; WZ WRAP the LADY; FWD WZ; ROLL THE LADY ACROSS:

1 – 2 [**wz awy**] blend Op LOD waltz fwd L trn slightly away from ptr, fwd R, cl L; [**wz wrap**]; fwd R,L,R (W trn LF to wrap pos L,R,L);

3 – 4 [**fwd wz**] fwd wz in wrapped pos L,R,L; [**roll the lady across LOP**] M stp in pl R, L, R (W roll across LF IF of M L, R,L to LOP LOD) w on inside;

5 – 8 THRU TWINKLE; THRU, SD, CL CP COH; CANTER 2X; ;

5 – 6 [**thru twink**] fwd L LOD trng LF (w RF) to fac, sd R, cl L to SCP RLOD; [**thru, sd, cl**] fwd RLOD R trng RF to face, sd L RLOD, cl R to CP COH;

7 – 8 [**canter 2x**] Sd L, draw R to L, cl R; Repeat action of Part A meas 7;

9 – 12 (COH) WZ AWAY; WZ WRAP the LADY; FWD WZ; ROLL THE LADY ACROSS:

9 – 12 Repeat action of PART A meas 1-4 but fcg COH to end fcg Wall; ; ; ;

13 – 16 THRU TWINKLE; THRU, SD, CL CP WALL; TWIRL/V-3; PKUP

13-14 [**thru twink**] fwd L RLOD trng LF (W RF) to fac, sd R, cl L to SCP LOD; [**thru, sd, cl**] fwd LOD R trng RF to face, sd L LOD, cl R;

15-16 [**twrl/v-3**] M's L & W's R hnds jnd sd L, XRib, sd L (W sd & fwd R, trng ½ RF under jnd hnds, sd & bl L trng ½ RF, sd R to fc ptr); [**pkup**] fwd R, sd L, cl R now in CP LOD

PART B

1 – 4 DIAMOND TURN; ; ; ;

1-2 [**start diam trn**] Fwd L trn LF,cont LF trn sd R, bk L fc DRC, cont LF trn bk R, cont LF trn sd L, fwd R DRW;

3 - 4 [**fins diam trn**] Cont LF trn fwd L trng LF, cont LF trn sd R, bk L DLW; bk R, sd L, fwd R CBJO DLC;

5 – 8 FWD WZ; DRIFT APART; THRU TWINKLE TWICE to CP LOD; ;

5 – 6 [**fwd wz**] Fwd L blend CP, fwd & sd R, cl L; [**drift apt**] Drop M's R & W's L hds fwd R strong stp, sip L,R (*W bk L,R, L*);

7 - 8 [**thru twink 2x**] XLif (*WxRif*) twd wall, sd R, cl L; XRif (*WxLif*) twd COH, sd L, cl R to CP LOD;

9 – 12 FWD TRN LF & RT CHASSE BJO; IMPETUS SCP LOD; IN & OUT RUNS; ;

9 – 10 [**trn lf & chasse bjo**] Fwd L,-, comm upper body LF trn sd & fwd R/clo L, sd & bk R to BJO RLOD;

[**imp scp lod**] Comm upper body RF trn Bk L(W fwd R o/s ptr), cl R to L [heel trn] cont trn, fwd L to SCP LOD;

11-12 [**in & out runs**] fwd R comm. RF trn, fwd & sd L (W R bet M's ft) cont trn, bk R to CBJO; Bk L comm. RF trn, sd & fwd R between W's ft cont trn (W sd & fwd L around M), fwd L to SCP;

13 – 16 MANU; 2 QTR RT TRNS FC LOD; ; 1 CANTER to COH;

13 [**manu**] fwd R comm upper body trn, cont RF trn fwd & sd L, cl R to end CP RLOD;

14-15 [**2 qtr rt trns lod**] bk L comm. RF trn, sd R cont trn ¼ to fc COH, cl L; fwd R trn RF, sd cont trn to fac LOD, cl L to CP;

16 [**canter**] Sd L twd COH, draw R to L, cl R;

PART C

1 – 4 INTERRUPTED BOX; ; ; ;

1 – 4 [**inter box**] Fwd L, sd R, cl L; Bk R, sd L, cl R (W fwd L comm RF trn ½ under ld hnds, fwd R cont trn, fwd L comp ½ RF trn to fc LOD); Fwd L, sd R, cl L (W cont RF trn ½ fwd R, fwd L cont trn, fwd R comp ½ RF trn to fc ptr & CP RLOD); Bk R, sd L, cl R ending CP LOD;
Note for Woman: meas 2 & 3 are a gradual RF full revolution ending in CP.

5 – 8 FWD WALTZ; MANU; SPIN TURN; BOX FINISH FC LOD;

5 – 6 [fwd wz] fwd L, fwd & sd R, cl L; [manu] fwd R comm. Upper RF body trn, cont RF trn fwd & sd L, cl R;

7 – 8 [spin trn & box fins] Comm RF upper body trn bk L pvtg 1/2 RF, fwd R bet W's ft w/rise cont trn, comp trn to DLW rec sd & bk L; [box fins] bk R, sd & bk L trng 1/8 LF, cl R to fc LOD;

9 – 12 INTERRUPTED BOX; ; ; ;

9 – 12 [inter box] Fwd L, sd R, cl L; Bk R, sd L, cl R (W fwd L comm RF trn 1/2 under ld hnds, fwd R cont trn, fwd L comp 1/2 RF trn to fc LOD); Fwd L, sd R, cl L (W cont RF trn 1/2 fwd R, fwd L cont trn, fwd R comp 1/2 RF trn to fc ptr & CP RLOD); Bk R, sd L, cl R ending CP LOD;
Note for Woman: meas 2 & 3 are a gradual RF full revolution ending in CP.

13 – 16 FWD WALTZ; FWD FC WALL, SD,CL; CANTER 2X; ;

13-14 [fwd wz] fwd L, fwd & sd R, cl L; [fc wall sd cl] fwd R comm. RF trn to fc Wall, sd L, cl R;

15-16 [canter 2x] Sd L, draw R to L; cl R; sd L, draw R to L, sl R;

REPEAT A (1-16)**PART C (MOD)****1 – 8 INTERRUPTED BOX; ; ; ; FWD WZ; MANU; SPIN TRN; BOX FINS FC LOD;**

1 – 8 REPEAT ACTIONS OF PART C MEAS 1-8 ; ; ; ; ; ; ; ; ; ;

9 – 16 INTERRUPTED BOX; ; ; ; FWD WZ; MANU; SPIN TRN; BOX FINS DLC;

9 – 16 REPEAT ACTIONS OF PART C MEAS 1-8 to end fcg DLC ; ; ; ; ; ; ; ; ; ;

ENDING**1 – 6 2 LEFT TURNS; ; TWIRL/V-3; THRU, FC, CL CP WALL; 1 CANTER; DIP TWIST (KISS OPTIONAL);**

1 – 2 [2 lf trns] Fwd L comm. LF upper body trn, cont to trn sd & bk R, cl L; bk R comm. LF upper body trn, cont to trn sd and fwd L, comp trn cl R to fc DLW;

3 - 4 [twrl/v-3] M's L & W's R hnds jnd sd L, XRib, sd L (W sd & fwd R, trng 1/2 RF under jnd hnds, sd & bk L trng 1/2 RF, sd R to fc ptr); [thru fc cl] Thru R (W thru L) sd L to fc, cl R to CP WALL;

5 [1 canter] Sd L, draw R to L, cl R;

6 [dip,twist] Dip bk & slightly sd L, slight LF twist, kiss optional;

FEED THE BIRDS (HEAD CUES) Ph 3+2 by Bill & Martha Buck

OP fcg WALL ld ft free WAIT 2 MEAS; ; APT, PT; BFLY, TCH;

PART A

WZ AWAY; WZ WRAP THE LADY; FWD WZ; ROLL LADY X;
THRU TWINK; THRU,FC,CL to CP COH; CANTER TWICE; ;
WZ AWAY; WZ WRAP THE LADY; FWD WZ; ROLL LADY X;
THRU TWINK; THRU,FC,CL; TWRL/V-3; PU WZ;

PART B

DIAM TRN; ; ; ; FWD WZ; DRIFT APART;
THRU TWINK 2X to CP/LOD; ; TRN LF & CHASSE BJO;
IMP SCP; IN & OUT RUNS; ; MANU;
2 QTR RT TRNS LOD; ; 1 CANTER to COH;

PART C

INTERRUPTED BOX; ; ; ; FWD WZ; MANU; SPIN TRN DLW; BOX FINS LOD;
INTERRUPTED BOX; ; ; ; FWD WZ; FC WALL, SD,CL; CANTER 2X; ;

PART A

WZ AWAY; WZ WRAP THE LADY; FWD WZ; ROLL LADY X;
THRU TWINK; THRU,FC,CL to CP COH; CANTER TWICE; ;
WZ AWAY; WZ WRAP THE LADY; FWD WZ; ROLL LADY X;
THRU TWINK; THRU,FC,CL; TWRL/V-3; PU WZ;

PART C (MOD)

INTERRUPTED BOX; ; ; ; FWD WZ; MANU; SPIN TRN DLW; BOX FINS LOD;
INTERRUPTED BOX; ; ; ; FWD WZ; MANU; SPIN TRN DLW; BOX FINS DLC;

ENDING

2 LF TRNS; ; TWRL/V-3; THRU FC CL(CP); 1 CANTER; DIP, TWIST, LEG CRAWL;

