

ANY DREAM FOXTROT

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Record: Star 115A "Any Dream Will Do"
Rhythm: Foxtrot
Footwork: Directions for man, lady opposite footwork except as otherwise noted.
Level: Roundalab Phase 3+1(Diamond Turns)
Sequence: Intro A-B-C-A-End

INTRODUCTION

- 1 - 4 WAIT;; CLOSEUP TCH; BOX FINISH;**
(1-2) op fcg DLW lead hnds joined wait 2 Meas;;
(3-4) Fwd L(fwd R) to CP,-; tch R to L,-; bk R trn 1/8 LF,-, sd L, clo R;

PART A

- 1 - 4 FWD RUN 2 TWICE;; 2 LEFT TRNS (WALL);;**
(1-2) Six passing steps Fwd L,-, fwd R, fwd L; fwd R,-, fwd L, fwd R;
(3-4) Fwd L comm LF upper body trn,-, cont trn sd & bk R, clo L; bk R comm LF upper body trn,-, cont trn to fc wall sd & fwd L, clo R;
- 5 - 8 BOX;; TWISTY VINE; FWD FC CLO;**
(5-6) Fwd L,-, sd R, clo L; bk R,-, sd L, clo R;
(7-8) Sd L,-, XRIB (XLIF), sd L; XRIF (XLIB),- , sd L, clo R;
- 9 - 14 WHISK; P/U SCAR; X HVR BJO; X HVR SCAR; X HVR SCP; MANUV;**
(9) Fwd L,-, fwd & sd R start rise to ball of foot, XLIBR cont full rise to tight SCP;
(10) Small Fwd R trng LF to fc LOD,-, sd L, clo R to SCAR posn (fwd L around M,-, sd R, clo L);
(11) XLIF,-, sd R with slight rise trng LF, rec L to BJO;
(12) XRIF,-, sd L with slight rise trng RF, rec R to SCAR;
(13) XLIF,-, sd R with slight rise trng to SCP, rec L;
(14) Fwd R comm RF trn,-, cont RF trn to fc ptr & RLOD sd L, clo R;
- 15 - 16 SPIN TRN; ½ BOX BK;**
(15) Bk L toe pvt ½ RF to fc LOD,-, fwd rise R between W's feet heel to toe cont trn leave L leg bk & sd, rec sd & bk L (fwd between M's feet pvt ½ RF,-, bk L toe cont trn, fwd R);
(16) Bk R,-, sd L, clo R;

PART B

- 1 - 8 LEFT TRNG BOX;;; DIP & REC; PROG BOX;; WALK 2;**
(1-2) Fwd L comm LF trn,-, cont trn fwd & sd R, clo L; bk R comm LF trn,-, cont trn bk & sd L, clo R;
(3-4) Repeat meas 1 and 2 of Part B to fc LOD;;
(5-8) Bk L with relaxed knee,- rec R,-; fwd L,-, sd R, clo L; fwd R,-, sd L, clo R; fwd L,-, fwd R,-;
- 9 - 16 LEFT TRNG BOX;;; DIP & REC; PROG BOX;; WALK 2 DLC;**
(9-16) Repeat meas 1 to 8 of Part B ending DLC;;;;;;

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PART C

1 - 4 DIAMOND TRNS;;;;

(1-4) Fwd L start LF trn,-, sd R cont LF trn, XLIBR contra BJO DRC; bk R cont LF trn,-, sd L cont LF trn, XRIFL contra BJO DRW; fwd L cont LF trn,-, sd R cont LF trn, XLIBR contra BJO DW; bk R cont LF trn,-, sd L cont LF trn, XRIFL contra BJO DC;

5 - 8 TRN L & R CHASSE; IMP TO SCP; THRU FC CLO; HVR;

(5) Fwd L,-, comm upper body LF trn fwd R/clo L, sd R to BJO fcg RLOD;

(6) Commence upper body RF trn Bk L,-, clo R to L [heel trn] cont trn, fwd L in tight SCP

(W commence Rf upper body trn fwd R between M feet heel to toe piv 1/2 RF,-, sd & fwd L cont trn around M brush R to L, fwd R);

(7-8) Thru R comm RF trn,-, cont trn to fc wall sd L, clo R; fwd L,-, fwd & sd R rising to ball of foot, rec L to tight SCP;

9 - 10 PICKUP SD CLO; DIP & REC;

(9-10) Small Fwd R trng LF to fc LOD,-, sd L, clo R to CP LOD (fwd L around M,-, sd R, clo L);
Bk L with relaxed knee,-, rec R,-;

END

1 - 8 LEFT TRNG BOX;;;; 2 LEFT TRNS;; HVR; CHAIR;

(1-2) Fwd L comm LF trn,-, cont trn fwd & sd R, clo L; bk R comm LF trn,-, cont trn bk & sd L, clo R;

(3-4) Repeat meas 1 and 2 of Part B to fc LOD;;

(5-6) Repeat meas 3 and 4 of Part A;;

(7-8) Repeat meas 13 of Part A; lunge thru R relaxing knee & hold;